

FRED FINCH YOUTH & FAMILY SERVICES

Coolidge Court

For more information, call (510) 482-2244
or visit fredfinch.org/coolidge-court



Fred Finch Youth & Family Services is a leading mental health agency that delivers services across systems of care. Our mission is to provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.

At Fred Finch, we welcome and invite people from all backgrounds to address life challenges in a safe and compassionate environment. We commit ourselves to working together with participants to navigate complex challenges that may include traumatic experience, mental health concerns, drug and alcohol use, or other disabilities. We provide innovative, effective services to support participants and their families to reach their goals.

[FREDFINCH.ORG](https://fredfinch.org)



Coolidge Court



Coolidge Court provides affordable housing with on-site supportive services for low-income young adults with mental health disabilities. Residents live in studio apartments in a three-building complex in a quiet, suburban area of Oakland.

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OVERVIEW

Coolidge Court opened in 1998 as one of the country's first low-income housing projects offering both affordable housing and supportive, on-site services to young adults. It is an 18-unit, permanent, supportive housing program designed to assist young adults age 18 to 24 with mental health disabilities obtain and maintain independent, permanent housing. All services are voluntary. The complex consists of individual studio apartments in a small housing complex comprised of three buildings, adjacent to but separate from the Fred Finch campus. The setting is very suburban, on a quiet street in Oakland, and offers a pleasant on-site community room for tenants to meet with one another and their families.

Tenants pay 30% of their gross income towards rent. Nearly 40% of Coolidge Court tenants are enrolled in college with a vast majority of tenants working part-time (25 to 30 hours per week), in school part-time, or a combination of work and school. There are one or two move-outs per year, with tenants staying for an average of four to five years.

TARGET POPULATION

Coolidge Court's target population includes 18 to 24 year old youth who are:

- Exiting the foster care system or homelessness
- Have a verified mental health condition
- Able to socialize and get along with others
- Able to comply with the terms and condition of the lease
- Have no history of chronic or recent violent behaviors
- Are responsive to therapeutic supports
- Have the ability and interest in expanding their decision-making capacity
- Able to advocate on one's own behalf and participate in community life with family (as appropriate) and other community members
- To apply to live at Coolidge Court, contact **Director Charles Houston at 510-336-9250**.

SERVICES

The services Coolidge Court provides are all voluntary, focus on symptom management, and most often seek to link tenants with existing resources. On-site services include:

- Independent living skills coaching
- Case management
- Support with finding and keeping employment
- Community building

Through these services, tenants get the support necessary to maintain their independence, make healthy life decisions, and improve their comfort level and confidence to navigate the world around them.

Staff provides a stabilizing presence, respectfully monitoring tenant well-being and assisting tenants in seeking needed community resources, such as psychiatric, therapeutic, education, employment, recreational, and social programs and services.

