





### Dear Friends,

In this year's Annual Report, we are proud to celebrate the achievements and continued progress in improving the lives of the children, youth and families in our communities. While the external environment remains challenging, our Fred Finch community has come together to show resilience, determination and a shared sense of purpose. Although the obstacles have been many—from changes in healthcare, to California's limited housing opportunities, to threats in continued funding of the social safety net—we have excelled in our commitment to help our participants heal and thrive.

Results do not happen overnight. Building strength and perseverance in our communities takes time and commitment. You will see this progress throughout the following pages as we share alumni stories of perseverance alongside lessons in strength and courage from our current participants. Each story reveals an individual perspective on the impact Fred Finch Youth Center has on their lives and illustrates our place in the community. Through this report, we welcome you to connect to our alumni, staff, board members, donors and volunteers as we continue Fred Finch Youth Center's rich history of helping every participant realize their full potential.

Our Fred Finch community is strong and vibrant. Together we will continue to help our members to heal from trauma and lead healthy, productive lives.

With gratitude,

Thomas N. Alexander, LCSW President and CEO

Elisabeth Jewel Board Chair



Tanya works hard to overcome a variety of traumatic expereinces. Physical abuse, generational addiction, molestation and the death of a parent have led to severe Post Traumatic Stress Disorder symptoms, including flashbacks, anxiety, and suicidal thoughts.

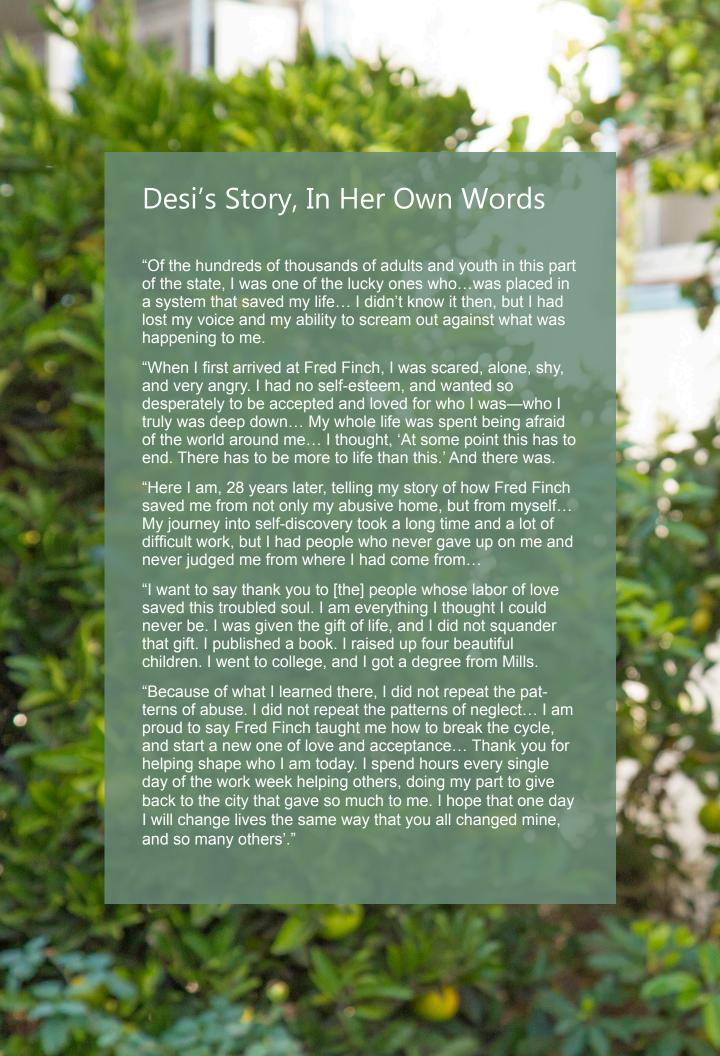
Tanya's progress since receiving therapy services from the staff at FFYC has been dramatic. She is no longer being hospitalized for suicide attempts, she is now a senior at a competitive arts school program and is busy applying to colleges for the Fall of 2018. Tanya has formed a strong and resilient connection with her entire extended foster family. Tanya maintains a relationship with her biological mother with the encouragement and support of her foster family and the FFYC team. Today, Tanya and her mother engage in family therapy to help heal the ruptures in their relationship and to improve their communication, ensuring that they will remain connected when Tanya leaves for college. Through the practice and strenghtening of healthy communication styles, they are learning, growing and healing.

Tanya's success reflects her potential for growth, her willingness to be vulnerable, and the trust she has developed with her family and her Fred Finch community.

"I'm going to miss the place that made me a different person. I'm not the same kid I was when I came in here."

-FFYC Avalon Program Graduate







## Holistic Support for Young Adults

In our effort to tackle the immense challenges of pervasive mental health issues and homelessness, FFYC recognizes the need to offer comprehensive, multi-faceted services. FFYC works with participants to provide counseling, crisis intervention, housing support, and case management, creating connections to other community resources. We also address less apparent, but equally important needs which significantly impact our participants' ability to achieve success, including support for building basic life skills. Critical skills that include interpersonal communication and understanding how to make life choices that improve health and finances are crucial for navigating life as an adult.

We create tailored opportunities for our young adults to grow their independent life skills by recognizing the diversity of our participants and meeting their individual needs through the following strategies:

- Supporting youth to secure and keep jobs through Individual Placement and Support (IPS), an internationally recognized model for engaging individuals with mental health issues with employment—IPS is so effective that FFYC extended the pilot IPS initiative into several existing programs
- Customizing individualized peer learning opportunities where staff pairs participants to work on a common challenge like improving communication skills or building a supportive community
- Holding monthly events where participants come together to explore personal identities, cultures, social relationships and current events
- Developing leadership, accountability and job skills through the Youth Advisory Council, a paid opportunity that establishes a formal space for young adults to influence program development and practice





## Financials

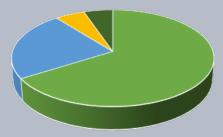
ASSETS	2017	2016
Current assets		
Cash, cash equivalents and restricted cash	3,372,614	3,078,216
Accounts receivable, net	5,546,583	5,324,635
Related party accounts receivable	919,827	-
Contribution receivable		830,798
Prepaid expenses, deposits and other assets	440,775	587,462
Total current assets	\$10,279,799	\$9,821,111
Noncurrent assets		
Investments held in perpetual trust by bank	106,894	100,623
Beneficial interest in charitable reminder trusts	311,550	290,346
Marketable securities	1,812,997	2,838,695
Construction in progress	429,907	628,660
Property and equipment, net	9,627,638	9,619,322
Total noncurrent assets	\$12,288,986	\$13,477,646
TOTAL ASSETS	\$22,568,785	\$23,298,757
LIABILITIES AND NET ASSETS	2017	2016
Current liabilities		
Line of credit	235,000	<u></u>
Accounts payable and accrued liabilities	2,716,571	3,103,666
Advances and overpayments	1,415,702	2,198,208
Total current liabilities	\$4,367,273	\$5,301,874
Noncurrent liabilities		
Obligations assumed under King St. acquisition	697,125	704,950
Long-term debt, net	8,732,616	8,532,659
Total noncurrent liabilities	\$9,429,741	\$9,237,609
TOTAL LIABILITIES	\$13,797,014	\$14,539,483
Net assets		
Unrestricted	7,684,292	6,718,289
Temporarily restricted	784,748	1,744,525
Permanently restricted	302,731	296,460
Total net assets	\$8,771,771	\$8,759,274
TOTAL LIABILITIES AND NET ASSETS	\$22,568,785	\$23,298,757
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Expenses	2017
Programs	\$25,463,868
Administration	\$5,643,075
Fundraising	\$532,859
TOTAL	\$31,639,802

Revenues	2017
Local Contracts	\$25,045,668
Federal Contracts	\$816,2467
State Contracts	\$3,420,199
Contributions	\$719,974
Miscellaneous Income	\$1,106,549
Net Investment Gains	\$143,501
TOTAL	¢34 252 4378

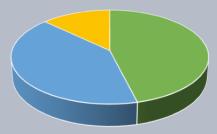


## **Participants**



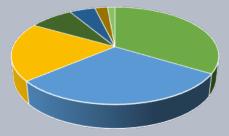
## Services Received Community Based, 66% School Based, 23%

Residential and Housing, 6% Transition Age Youth, 5%



### Age Group

Children (0 - 12), 46% Teens (13 - 17), 41% Transition Age Youth (18 - 25)



### **Ethnicity**

Mexican/Latin American/Hispanic, 34% African American/Black, 30%

Caucasian/White 20%

Asian/Islander, 8% Multi Racial, 5% Native American, 1%

# Thank You to

## **Individual Giving**

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Fred Finch Youth Center relies on our entire community to fulfill its mission. Our accomplishments over the past year were made possible by the generous support and contributions of our dedicated donors. We are immensely grateful to the individuals and partners whose energy continues to sustain us. Join our powerful community for change by becoming an ambassador for Fred Finch Youth Center's mission. Sign up for our newsletter, join us on social media, make a financial contribution, create a donation drive for needed items, or attend a volunteer day.

You will make a difference!

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3800 Coolidge Avenue, Oakland, CA 94602 510-482-2244

#### San Diego County Regional Office

3845 Spring Drive, Spring Valley, CA 91977 619-281-3706

#### **Contra Costa County**

2523 El Portal Drive, Suite 201, San Pablo, CA 94806 510-439-3130

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