Dear Friends,

In this year’s Annual Report, we are proud to celebrate the achievements and continued progress in improving the lives of the children, youth and families in our communities. While the external environment remains challenging, our Fred Finch community has come together to show resilience, determination and a shared sense of purpose. Although the obstacles have been many—from changes in healthcare, to California’s limited housing opportunities, to threats in continued funding of the social safety net—we have excelled in our commitment to help our participants heal and thrive.

Results do not happen overnight. Building strength and perseverance in our communities takes time and commitment. You will see this progress throughout the following pages as we share alumni stories of perseverance alongside lessons in strength and courage from our current participants. Each story reveals an individual perspective on the impact Fred Finch Youth Center has on their lives and illustrates our place in the community. Through this report, we welcome you to connect to our alumni, staff, board members, donors and volunteers as we continue Fred Finch Youth Center’s rich history of helping every participant realize their full potential.

Our Fred Finch community is strong and vibrant. Together we will continue to help our members to heal from trauma and lead healthy, productive lives.

With gratitude,

Thomas N. Alexander, LCSW
President and CEO

Elisabeth Jewel
Board Chair
Tanya’s Story

Tanya works hard to overcome a variety of traumatic experiences. Physical abuse, generational addiction, molestation and the death of a parent have led to severe Post Traumatic Stress Disorder symptoms, including flashbacks, anxiety, and suicidal thoughts.

Tanya’s progress since receiving therapy services from the staff at FFYC has been dramatic. She is no longer being hospitalized for suicide attempts, she is now a senior at a competitive arts school program and is busy applying to colleges for the Fall of 2018. Tanya has formed a strong and resilient connection with her entire extended foster family. Tanya maintains a relationship with her biological mother with the encouragement and support of her foster family and the FFYC team. Today, Tanya and her mother engage in family therapy to help heal the ruptures in their relationship and to improve their communication, ensuring that they will remain connected when Tanya leaves for college. Through the practice and strengthening of healthy communication styles, they are learning, growing and healing.

Tanya’s success reflects her potential for growth, her willingness to be vulnerable, and the trust she has developed with her family and her Fred Finch community.

“I’m going to miss the place that made me a different person. I’m not the same kid I was when I came in here.”

-FFYC Avalon Program Graduate
Deysi
FFYC Accountant
Desi’s Story, In Her Own Words

“Of the hundreds of thousands of adults and youth in this part of the state, I was one of the lucky ones who was placed in a system that saved my life. I didn’t know it then, but I had lost my voice and my ability to scream out against what was happening to me.

“When I first arrived at Fred Finch, I was scared, alone, shy, and very angry. I had no self-esteem, and wanted so desperately to be accepted and loved for who I was—who I truly was deep down. My whole life was spent being afraid of the world around me. I thought, ‘At some point this has to end. There has to be more to life than this.’ And there was.

“Here I am, 28 years later, telling my story of how Fred Finch saved me from not only my abusive home, but from myself. My journey into self-discovery took a long time and a lot of difficult work, but I had people who never gave up on me and never judged me from where I had come from.

“I want to say thank you to [the] people whose labor of love saved this troubled soul. I am everything I thought I could never be. I was given the gift of life, and I did not squander that gift. I published a book. I raised up four beautiful children. I went to college, and I got a degree from Mills.

“Because of what I learned there, I did not repeat the patterns of abuse. I did not repeat the patterns of neglect. I am proud to say Fred Finch taught me how to break the cycle, and start a new one of love and acceptance. Thank you for helping shape who I am today. I spend hours every single day of the work week helping others, doing my part to give back to the city that gave so much to me. I hope that one day I will change lives the same way that you all changed mine, and so many others.”
Holistic Support for Young Adults

In our effort to tackle the immense challenges of pervasive mental health issues and homelessness, FFYC recognizes the need to offer comprehensive, multi-faceted services. FFYC works with participants to provide counseling, crisis intervention, housing support, and case management, creating connections to other community resources. We also address less apparent, but equally important needs which significantly impact our participants’ ability to achieve success, including support for building basic life skills. Critical skills that include interpersonal communication and understanding how to make life choices that improve health and finances are crucial for navigating life as an adult.

We create tailored opportunities for our young adults to grow their independent life skills by recognizing the diversity of our participants and meeting their individual needs through the following strategies:

• Supporting youth to secure and keep jobs through Individual Placement and Support (IPS), an internationally recognized model for engaging individuals with mental health issues with employment—IPS is so effective that FFYC extended the pilot IPS initiative into several existing programs

• Customizing individualized peer learning opportunities where staff pairs participants to work on a common challenge like improving communication skills or building a supportive community

• Holding monthly events where participants come together to explore personal identities, cultures, social relationships and current events

• Developing leadership, accountability and job skills through the Youth Advisory Council, a paid opportunity that establishes a formal space for young adults to influence program development and practice
Casey’s Story

Casey, a 20-year-old diagnosed with autism and dealing with limited communication skills, came to Fred Finch Youth Center Wraparound, an intensive community based intervention program, after several psychiatric hospitalizations. Casey’s severe aggression had become an insurmountable challenge for family and peers, making it nearly impossible to maintain relationships at home and at school. When in contact with unfamiliar people, Casey’s aggression would often escalate, endangering both himself and others. FFYC staff suspected that Casey had experienced trauma while hospitalized for one of these aggressive outbursts.

In time, and with support for language delays, Casey began to trust FFYC staff. They discovered that Casey had traumatic experiences (being bullied, physically assaulted) both at school and during his frequent hospitalizations. Building on his trust in our staff and the sense of safety our program cultivated for him, Casey improved profoundly and gained the ability to manage his emotions even in difficult moments, and made significant progress in becoming independent and social—even taking the bus when he returned to school. Casey now participates more fully in the community, attending outings with peers at school and successfully traveling alongside family without incident.
### Financials

#### ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash, cash equivalents and restricted cash</td>
<td>3,372,614</td>
<td>3,078,216</td>
</tr>
<tr>
<td>Accounts receivable, net</td>
<td>5,546,583</td>
<td>5,324,635</td>
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<tr>
<td>Related party accounts receivable</td>
<td>919,827</td>
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<tr>
<td>Contribution receivable</td>
<td>--</td>
<td>830,798</td>
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<tr>
<td>Prepaid expenses, deposits and other assets</td>
<td>440,775</td>
<td>587,462</td>
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<tr>
<td><strong>Total current assets</strong></td>
<td>$10,279,799</td>
<td>$9,821,111</td>
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<tr>
<td><strong>Net assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>7,684,292</td>
<td>6,718,289</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>784,748</td>
<td>1,744,525</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>302,731</td>
<td>296,460</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td>$8,771,771</td>
<td>$8,759,274</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$22,568,785</td>
<td>$23,298,757</td>
</tr>
</tbody>
</table>

#### Noncurrent assets

<table>
<thead>
<tr>
<th>Category</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investments held in perpetual trust by bank</td>
<td>106,894</td>
<td>100,623</td>
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<tr>
<td>Beneficial interest in charitable reminder trusts</td>
<td>311,550</td>
<td>290,346</td>
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<tr>
<td>Marketable securities</td>
<td>1,812,997</td>
<td>2,838,695</td>
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<tr>
<td>Construction in progress</td>
<td>429,907</td>
<td>628,660</td>
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<tr>
<td>Property and equipment, net</td>
<td>9,627,638</td>
<td>9,619,322</td>
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<tr>
<td><strong>Total noncurrent assets</strong></td>
<td>$12,288,986</td>
<td>$13,477,646</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$22,568,785</td>
<td>$23,298,757</td>
</tr>
</tbody>
</table>

#### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>2017</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Current liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Line of credit</td>
<td>235,000</td>
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</tr>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>2,716,571</td>
<td>3,103,666</td>
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<tr>
<td>Advances and overpayments</td>
<td>1,415,702</td>
<td>2,198,208</td>
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<tr>
<td><strong>Total current liabilities</strong></td>
<td>$4,367,273</td>
<td>$5,301,874</td>
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<tr>
<td><strong>Noncurrent liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obligations assumed under King St. acquisition</td>
<td>697,125</td>
<td>704,950</td>
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<tr>
<td>Long-term debt, net</td>
<td>8,732,616</td>
<td>8,532,659</td>
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<tr>
<td><strong>Total noncurrent liabilities</strong></td>
<td>$9,429,741</td>
<td>$9,237,609</td>
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<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>$13,797,014</td>
<td>$14,539,483</td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td></td>
<td></td>
</tr>
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</table>

#### Expenses

<table>
<thead>
<tr>
<th>Category</th>
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<tr>
<td>Programs</td>
<td>$25,463,868</td>
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<tr>
<td>Administration</td>
<td>$5,643,075</td>
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<tr>
<td>Fundraising</td>
<td>$532,859</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>$31,639,802</td>
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#### Revenues

<table>
<thead>
<tr>
<th>Category</th>
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<tbody>
<tr>
<td>Local Contracts</td>
<td>$25,045,668</td>
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<tr>
<td>Federal Contracts</td>
<td>$816,2467</td>
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<tr>
<td>State Contracts</td>
<td>$3,420,199</td>
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<tr>
<td>Contributions</td>
<td>$719,974</td>
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<tr>
<td>Miscellaneous Income</td>
<td>$1,106,549</td>
</tr>
<tr>
<td>Net Investment Gains</td>
<td>$143,501</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$31,252,1378</td>
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</tbody>
</table>
Participants

Ethnicity
- Mexican/Latin American/Hispanic, 34%
- African American/Black, 30%
- Caucasian/White, 20%
- Asian/Islander, 8%
- Multi Racial, 5%
- Native American, 1%
- Unknown/Not Reported, 2%

Services Received
- Community Based, 66%
- School Based, 23%
- Residential and Housing, 6%
- Transition Age Youth, 5%

Age Group
- Children (0 - 12), 46%
- Teens (13 - 17), 41%
- Transition Age Youth (18 - 25), 13%

Brian
FFYC Facilities Director
Thank You to

Individual Giving

Joanna and John Aamodt  
E. Anne Akey  
Muffie and Jan Alejandro  
Tom and Karen Alexander  
Susan Allen  
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 Ken Graham  
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 Daniel Hansen  
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 Emily Burton  
 Cathi Butte  
 Maria Cabrera  
 Kazume Cain  
 Kathryn Calafato  
 Liliana Calderon  
 Judy Calkins  
 Judy Calkins  
 Citila Call  
 Rick Callister  
 Lara Calvert  
 Lino Campaneli  
 Regina Cantrell  
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 Michael Chin and Mari Kay Breazeale  
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Inner Mammal Institute
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King George Hotel
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N & N Concessions
Pajama Program
Photography By Eduardo
Pink Squad of Marin Elementary
Pixar Animation Studios
Project Glimmer
Prudential California Community Foundation, LLC
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Riverbank United Methodist Women
Roadshow Services
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Rubio's
San Ramon Valley United Methodist Church
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SOHO
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Suhr Risk Services
The Brady Living Trust
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The Oshay Family Foundation
Tiburcio Vasquez Health Center, Inc.
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Tickets For Kids Charities
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Town Kryer LLC
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TRUiST
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United Methodist Church of Castro Valley
United Methodist Women - Los Altos
United Methodist Women Marysville
United Way of San Diego County
US Bank (San Diego)
Wayside United Methodist Women
WD-40 Foundation
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Carlos Quiroz
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April Smith     
Bruce Soublet   
Brent Taylor    
Richard Walter  
Burt Yin        
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Reverend Staci Current Ex-Officio
John F. Steinfirst Emeritus Board Member

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Ed Hsu, MBA                Chief Financial Officer
Lois Woods                 Senior Director, Human Resources
Timothy Trickett-Robles    Senior Director, Administration

Bruce Soublet  
Brent Taylor   
Richard Walter 
Burt Yin       
Bishop Minerva Carcaño Ex-Officio
Reverend Staci Current Ex-Officio
John F. Steinfirst Emeritus Board Member
Fred Finch Youth Center relies on our entire community to fulfill its mission. Our accomplishments over the past year were made possible by the generous support and contributions of our dedicated donors. We are immensely grateful to the individuals and partners whose energy continues to sustain us. Join our powerful community for change by becoming an ambassador for Fred Finch Youth Center’s mission. Sign up for our newsletter, join us on social media, make a financial contribution, create a donation drive for needed items, or attend a volunteer day. You will make a difference!

Invest In Your Community

Alameda County Regional Office
3800 Coolidge Avenue, Oakland, CA 94602
510-482-2244

San Diego County Regional Office
3845 Spring Drive, Spring Valley, CA 91977
619-281-3706

Contra Costa County
2523 El Portal Drive, Suite 201, San Pablo, CA 94806
510-439-3130

San Mateo County
126 West 25th Avenue, Suite 200, San Mateo, CA 94403
650-286-2090

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Fred Finch Youth Center
@WeAreFredFinch
Mission
To provide innovative, effective services supporting children, youth, young adults, and families to heal from trauma and lead healthier, productive lives.